

CENTRAL INTELLIGENCE AGENCY  
**INFORMATION REPORT**

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COUNTRY	USSR (Estonian SSR)	REPORT	
SUBJECT	1. Food Stores 2. Home and Restaurant Meals	DATE DISTR.	10 November 1954
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THE SOURCE EVALUATIONS IN THIS REPORT ARE DEFINITIVE.  
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 (FOR KEY SEE REVERSE)

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1. In Estonia, food is purchased at markets, State stores, and cooperatives. Every kind of food, except sugar, is available in adequate quantities. Special permission is required to obtain sugar. Such permission can be obtained by delivering to the State five kilograms of milk over the quota or by delivering raw hides in excess of the quota. Membership in a consumers' cooperative carries with it permission to purchase one-half kilogram of sugar per month.
2. Stores are open from 0900 to 1700 hours (probably closed an hour for lunch); food stores are open from 0700 to 2100 hours or from 0900 to 1700 hours. All stores, except some food stores, are closed on Mondays. Refreshment rooms (buffety) are open from 1300 to 2400 hours every day. The kiosks at railroad stations are open when trains arrive or depart. Markets are held from 0600 until 1100 hours every day except Sunday in larger cities; they are held probably three times a week in smaller towns and villages, and only once a week in some places.
3. Alcoholic beverages are purchased at food stores, restaurants, some buffety, and kiosks. People drink mostly vodka and beer; the price of the latter is 2.5 to 3.5 rubles per bottle. Wines are usually made from fruits, such as black and red currants, cherries, and apples. A wine called Moldavskoye Vино and a so-called dessert wine are well-known.
4. People usually rise at 0600 or 0700 hours and go to bed at 2000 or 2100 hours. Breakfast consists of milk, sandwiches, or an egg. Lunch is usually eaten at the place of employment at about 1300 hours. It usually consists of a few sandwiches brought from home. Dinner is eaten at home between 1800 and 1900

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(NOTE: Washington distribution indicated by "X"; Field distribution by "#".)

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hours and consists of rye bread and a thick soup. In restaurants, a three-course meal is customary, including a thin soup, meat or fish with boiled potatoes, and a dessert.

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